

## Student Biopsychosocial Medical Questionnaire

*Please provide the requested information. Please respond to all questions.*

### Identifying Data:

Name: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Numbers:

Home: \_\_\_\_\_ Work: \_\_\_\_\_

Cell: \_\_\_\_\_ Emergency: \_\_\_\_\_

Why are you coming in for counseling at this time? \_\_\_\_\_

\_\_\_\_\_

How long has this situation been a problem for you? \_\_\_\_\_

How did you hear about Mary Petersen? \_\_\_\_\_

Have you ever been to another therapist before for any reason? \_\_\_\_\_

If so, when, and why? \_\_\_\_\_

### Family/Cultural Information:

(Check all that apply):

Race:  Caucasian  African-American  Hispanic  Asian  Native American  Other: \_\_\_\_\_

Who is raising you? \_\_\_\_\_ Who do you live with? \_\_\_\_\_

Brothers: \_\_\_\_\_ Sisters: \_\_\_\_\_ What number are you? \_\_\_\_\_

If parents are deceased, how old were you at the time? \_\_\_\_\_

If parents are divorced, how old were you at the time? \_\_\_\_\_

Describe your relationship with:

Your father: \_\_\_\_\_

Your mother: \_\_\_\_\_

Your brothers/sisters: \_\_\_\_\_

Can you talk to your mom, dad, brothers, or sisters about your problems? \_\_\_\_\_

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If not, who do you talk to when you have a problem? \_\_\_\_\_

Have you had problems following house rules?  Yes  No

Are there consequences set by your parents when you disobey house rules?  Yes  No

How do you feel about this? \_\_\_\_\_

Have you ever run away from home?  Yes  No

Do you have a curfew?  Yes  No

Do you have chores?  Yes  No If so what are they? \_\_\_\_\_

Is there anything you would like to see change at home that would make your life better?  Yes  No

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Educational History:**

Highest Level of Education:

Still in school? What grade? \_\_\_\_\_

What school do you go to? \_\_\_\_\_

High School Graduate?  GED Completion?  Some College? \_\_\_\_\_

Dropped out of school? Reason: \_\_\_\_\_

Highest Grade Completed? \_\_\_\_\_

School Performance (check one):  A-B Student  B-C Student  C-D Student  Failing

Have you ever been suspended from school?  Yes  No

Have you ever been expelled from school?  Yes  No

Have you ever repeated a grade?  Yes  No

Have you ever been enrolled in special education classes?  Yes  No

Do you have trouble concentrating, understanding, or remembering?  Yes  No

Do you like school?  Yes  No Why or why not? \_\_\_\_\_

What would make school better for you? \_\_\_\_\_

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**Religious/Spiritual Background:**

Do you believe in God or a Higher Power?  Yes  No

What is your religion? \_\_\_\_\_

Do you practice your religion  Regularly  Irregularly  Never?

**Work History:**

Do you currently have a job?  Yes  No If so, where? \_\_\_\_\_

What do you do at work? \_\_\_\_\_

How many hours a week do you work? \_\_\_\_\_ Do you like your job?  Yes  No

Do you have any problems at work? \_\_\_\_\_

**Social Background:**

With whom do you spend MOST of your free time? Check all that apply:

Family  Friends  Acquaintances  Alone

How often do you see your friends/acquaintances?

Daily  Frequently  Occasionally  Rarely  Never

Do you have a best friend outside your family?  Yes  No

How many close friends do you have? \_\_\_\_\_ How many acquaintances? \_\_\_\_\_

What do you and your friends/acquaintances do together? \_\_\_\_\_

Have you ever been teased a lot by other kids? \_\_\_\_\_

Does your mom/dad/care giver like your friends? \_\_\_\_\_

Have you recently changed your circle of friends/best friend?  Yes  No

If so, what happened? \_\_\_\_\_

Do you ever feel like you do not belong?  Yes  No

Do you have trouble making or keeping friends?  Yes  No

**Leisure Time/Interests:**

List any hobbies, interests, talents, or school activities: \_\_\_\_\_

How often do you participate in your hobbies: (Check one)

Regularly  Sometimes  Irregularly  Rarely  Never

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Has your use of free time changed in the past year?  Yes  No

**Medical/Health History:**

Do you have a family doctor or other regular health care provider?  Yes  No

Have you had a physical exam in the last year?  Yes  No

Do you have any current physical problems, symptoms, or pain that you are not receiving medical attention for?  Yes  No

Do you have health insurance?  Yes  No

Is there ANY CHANCE that you may be pregnant?  Yes  No

If you are pregnant, are you receiving prenatal care?  Yes  No

List any medications that you are taking:

Type/Name/Dosage	Why do you take it?	Who prescribes this for you?

Has your eating or sleeping changed in the last year?  Yes  No How? \_\_\_\_\_

For the last month I have been:  Sleeping too much  Not sleeping enough  Getting the right amount of sleep

I currently experience:  Trouble getting to sleep  Frequent waking  Early rising  Trouble waking up  None of these problems

For the last month I have been:  Under eating  Starving myself  Over eating  Eating with no trouble

I eat:  A well balanced diet  Junk food  Fast foods  Whatever is available, without thought

Have you ever been:  Sexually Abused  Physically Abused  Emotionally Abused

By whom? \_\_\_\_\_

Age when abused: \_\_\_\_\_ Duration of Abuse: \_\_\_\_\_

Describe briefly what happened: \_\_\_\_\_

Do you feel suicidal now?  Yes  No Have you ever felt suicidal?  Yes  No

Do you feel you might hurt others?  Yes  No

Have you ever felt you might hurt others?  Yes  No

Have you ever attempted or had serious thoughts of suicide or hurting other people?  Yes  No

If so, when, and how? \_\_\_\_\_

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**Sexual Background:**

Are you sexually active? (Circle one)  Yes  No  Sort Of  Unsure

If so, do you use protection against pregnancy/sexually transmitted diseases?  Yes  No

Do you consider yourself to be:

Heterosexual  Gay/Lesbian  Bisexual  Transgender  Other  Uncertain about your sexuality

**Legal Status:**

Do you have any legal problems now?  Yes  No

Have you ever had legal problems?  Yes  No

Have you ever been in a youth home?  Yes  No

Have you ever been arrested or ticketed?  Yes  No

What was the charge? \_\_\_\_\_

Are you currently:

On probation  Awaiting charges  Awaiting trial/sentence  No police involvement

Alcohol/Drug Use:

Do you smoke cigarettes?  Yes  No How much? \_\_\_\_\_

Are you allowed to smoke in the house?  Yes  No

Have you used ANY drugs or alcohol in the last 30 days that were not prescribed for you?  Yes  No

Have you ever used drugs by injection?  Yes  No If so, when? \_\_\_\_\_

When was the last time you used ANY drugs or alcohol? \_\_\_\_\_

Do you live with anyone who uses drugs/alcohol?  Yes  No

What kinds of problems, if any, have drugs/alcohol caused in your life? \_\_\_\_\_

**Additional Comments**

Do you have any other comments? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Signature of Client \_\_\_\_\_ Date \_\_\_\_\_

I have reviewed this information with the client's parent/guardian.

Signature of Therapist \_\_\_\_\_ Date \_\_\_\_\_